

Awakening the Creative Spirit

storytelling
imagination
movement
visual arts
music
poetry

Experiential Education for Spiritual Directors in the Expressive Arts with Betsey Beckman, MM & Christine Valters Paintner, PhD

May 23-28, 2010

At St. Andrew's Retreat House

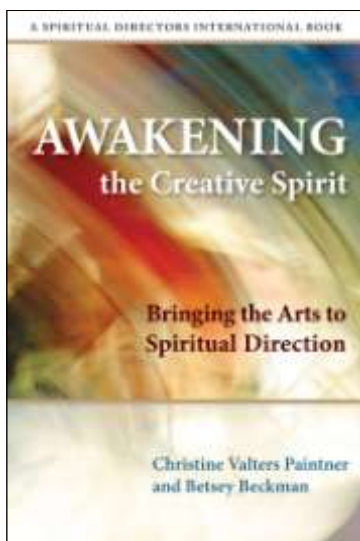
on the beautiful Hood Canal in Washington State

A five-day experiential intensive exploring tools for integrating the arts and imagination into spiritual direction ministry. No previous art experience necessary!

The focus of this program is on developing skills of working with the arts and imagination to deepen the ministry of spiritual direction.

Together we will explore how the healing power of such tools as guided imagery, body awareness, ritual, poetry, journal writing, visual art, movement, song, and storytelling enrich our own spiritual lives and our work in spiritual direction by giving us access to another language with which to encounter the divine presence within. Participants will develop skills and comfort engaging these tools. The program includes of didactic input, experiential learning, and time for discussion and reflection on the process of integrating the arts into the practice of spiritual direction.

The program is also appropriate for counselors, chaplains, teachers, and others in ministries of soul care and compassionate listening who want to integrate the arts into their work.



Betsey and Christine are Co-Authors of
Awakening the Creative Spirit:
Bringing the Arts to Spiritual Direction

forthcoming in February 2010

from Morehouse (Spiritual Directors International Imprint Series)

"Beautifully and evocatively explores the relationship between spiritual direction and the arts."

—Mary Rose Bumpus, RSM, PhD School of Theology and Ministry

"I put this at the top of the list for required reading for spiritual directors and spiritual formation classes."

—Cynthia Winton-Henry, cofounder of InterPlay

"With their groundbreaking book, Christine Valters Paintner and Betsey Beckman offer a profound gift to the spiritual direction community and those whom we serve.

They remind us that creativity is God's first language."

—Jan Richardson, author of **In Wisdom's Path**

* For more information visit www.AwakeningtheCreativeSpirit.com *

YOUR GUIDES & FACILITATORS:

Betsey Beckman, MM, is nationally acclaimed as a spirited dancer, storyteller, teacher of SpiritPlay and dancing Spiritual Director. With her extensive background in performance, movement therapy, ministry and InterPlay, she is regularly featured as artist/presenter at national conventions as well as local churches. She earned her Masters in Ministry degree from Seattle University.

As dancer, choreographer, author, mother, wife, teacher and spiritual director, she is passionate about living life fully **and fostering creativity in all those with whom she shares life and ministry.** Betsey's publications include books, recordings, and DVDs on embodied prayer and she offers the gift of playful improvisation whenever possible!
Find out more about her work at her website: www.TheDancingWord.com.

Christine Valters Paintner, PhD, REACE earned her doctorate in Christian spirituality, her professional status as a Registered Expressive Arts Consultant and Educator (REACE) from the International Expressive Arts Therapy Association, and certificates in spiritual direction and supervision. She is an adjunct faculty at the School of Theology and Ministry, Seattle University, art editor for Presence: An International Journal of Spiritual Direction, and facilitates Soul Care Supervision Groups through the expressive arts.

She is the author of *Water, Wind, Earth, and Fire: The Christian Practice of Praying with the Elements* and co-author of *Lectio Divina: Contemplative Awakening and Awareness*. She is also an artist and publishes Reflective Art Journals and prayer cards with her photography, collage, and writing.

Find out more about her work at her website: www.AbbeyoftheArts.com.

Betsey & Christine have co-authored *Awakening the Creative Spirit: Bringing the Arts to Spiritual Direction* from Morehouse Publishing (Spiritual Directors International Imprint Series)

REGISTRATION:

Program Cost is \$1250 which includes 5 nights lodging, all meals, instruction, art supplies, and handouts. You are responsible for getting to the retreat center.

To hold your place in this program we require a \$100 nonrefundable deposit the information requested below. You may either pay by credit card at our website through Paypal or Google Checkouts or you can send a check to Abbey of the Arts, PO Box 23160, Seattle, WA 98102.

The balance of \$1150 will be due by April 20, 2010. Because of our commitment to the retreat center we cannot offer refunds of the program costs after that time. Any requests for refunds prior to that time will have our credit card fee of 3% deducted (if you paid by credit card) in addition to the \$100 nonrefundable deposit.

EARLY REGISTRATION DISCOUNT

Register and pay your deposit before January 31, 2010 and receive a \$75 discount off the Program Fee.

Please send us an email with the following information:

- Your name, mailing address, email, phone number.
- Do you need an ADA accessible room, have any food allergies, or other needs?
- Are you willing to have your contact information provided on a list for the whole group?
- Are you flying into SeaTac airport and would you like to be connected with other participants to share in a car rental to travel together to the retreat center?
- In addition, there are six questions that help us to get to know you and your background better. Please visit our **website at www.AwakeningtheCreativeSpirit.com and click on "Registration."**

Please contact Christine with any questions or to register
Christine@AbbeyoftheArts.com or (206) 329-3110
Abbey of the Arts, PO BOX 23160, Seattle, WA 98102

* For more information visit www.AwakeningtheCreativeSpirit.com *